



WHITEHILL + BORDON  
HEALTHY NEW TOWN



[WWW.WHITEHILLBORDON.COM/HEALTHY](http://WWW.WHITEHILLBORDON.COM/HEALTHY)



**RIGHT CARE  
RIGHT PLACE  
RIGHT TIME**

## **WHITEHILL & BORDON - HEALTHY NEW TOWN**

Whitehill & Bordon is one of 10 NHS England Healthy New Town demonstrator sites.

This means public sector, private sector and voluntary organisations are working together to transform Whitehill & Bordon into a town where it is easy for people to live healthy, active and independent lives and have the care they need in the right place and at the right time.

## **HEALTHY CHOICES, HAPPY LIVES**

We are making it easy to get out and active in Whitehill & Bordon by providing:

- More than 60 miles of new walking and cycling paths
- New street signs and artwork to help people find their way around town
- New footpaths in Hogmoor Inclosure
- Hogmoor Inclosure natural play area
- A fantastic new skate park
- Safe Places where vulnerable people can get help if they need it
- Café 1759, a community café with a focus on wellbeing, opened at Quebec Park in April 2018
- Opportunities for growing your own food



# HEALTHY ACTIVE INDEPENDENT

## ACTIVE FAMILIES

We asked local families what would make it easier for them to be more active. Thanks to the Healthy New Towns programme:

- runnyhoneys organise a weekly run on Hogmoor Inclosure and Couch to 5k courses that get beginners running 5k in six weeks
- Schoolchildren will have opportunities to be active every day
- We launched a parkrun on Hogmoor Inclosure in spring 2018 with a junior parkrun to follow.
- We are looking to put on more activities for older people

## SMART, HEALTHY HOMES

- We are looking into smart technology to help residents stay safely in their homes for as long as possible
- Our COSY scheme offers interest-free loans to help people living in Whitehill & Bordon make their homes warm and energy efficient

## BETTER LOCAL CARE

- Local NHS and care organisations, GPs, patients and charities are working together to ensure that care is easy to access, close to home and supports people to live as happily and healthily as possible
- A new Health and Wellbeing Hub is planned for the new town centre. It will include a range of services and facilities, giving residents access to specialist support closer to home.





## USEFUL CONTACTS

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